



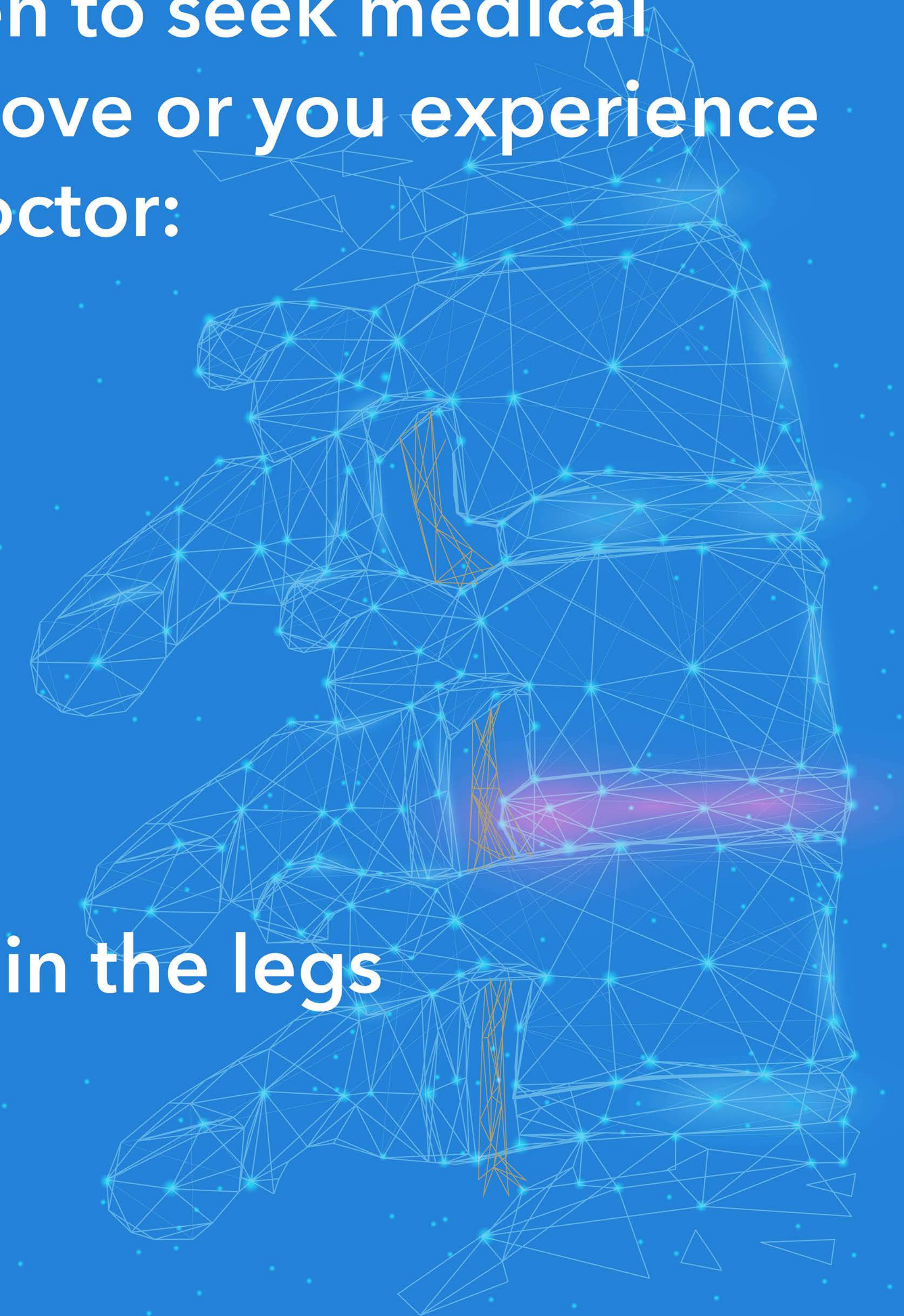
Source:
National Institutes of Health



Signs a Backache is becoming alarming

Many often wonder what kinds of pain are to be expected (such as after a strain or sprain) and when to seek medical attention. If your back pain doesn't improve or you experience any of the following, it's time to see a doctor:

1. Numbness and tingling develop
2. Does not improve with medication
3. Occurs after a fall or injury
4. Have trouble urinating
5. Weakness, pain or numbness occur in the legs
6. Develop a fever
7. Notice unintended weight loss



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