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PRESCRIPTION COST-SAVING STRATEGIES

Not taking prescribed medication is bad for your health — but paying for these may feel bad for your wallet. Even with insurance, prescriptions can be costly. However, there are ways to pay less.

- **Talk to your Doctor about Cost:**
  If paying for the medication would be hard for you, they may suggest another option or provide helpful resources.
- **Request Generic:**
  Generics are as safe and effective as brand-name drugs and have a lower insurance copay.
- **Assistance Programs:**
  Government, nonprofit and pharmaceutical manufacturer programs can aid in paying for prescriptions. Nonprofit **NeedyMeds** can help you find programs.
- **Buy in Bulk:**
  For ongoing medications, request a 90-day supply. Fewer refills mean fewer copays.
- **Compare Prices:**
  Tools like **GoodRx** gather drug prices and discounts to help you comparison shop and find the best price.
- **Contact your Employee Advocacy Team:**
  Your employee advocacy team can help educate you on making smart, cost-effective healthcare decisions.

Sources: FDA, Harvard